



Annai Hajira Women's College

Melapalayam, Tirumelveli – 627 005

WORLD HEALTH DAY



April 7 is celebrated and observed as World Health Day. The day is celebrated annually in accordance with the World Health Organization's aim to discuss health-related issues and to draw attention to specific health issues concerning people across the world. The theme for this year's World Health Day is "Our Planet, Our Health". Amid the ongoing pandemic and pollution growing on the planet, diseases like cancer, asthma, and heart diseases are increasing rapidly. World Health Organization aims to focus global attention on the urgent actions needed to "keep humans and the planet healthy." World Health Day was celebrated by the NSS unit of the College on 08.04.2022 to raise awareness about the ongoing health issues that concern the people around us.



Dr.K.Indra, Dermatologist, Government Hospital, Melapalayam, addressed about the skin which is the body's largest organ and also said that it's the first line of defense against bacteria, viruses, moisture, heat and more. It also helps to regulate the body temperature and plays an important role in the immune health and provides clues about your internal health.



Adolescents between age of 10- and 19-years account for nearly one fifth of the total population. In order to respond effectively to the needs of adolescent health and development, it is imperative to situate adolescence in a life span perspective within dynamic Psychological, sociological, Cultural and economic realities with better health in order to prepare them for further productive youths. Taking this into consideration Dr.Gandhimathi, (RASHTRIYA KISHOR SWASTHYA KARYAKRAM (RKSK)Medical Officer and Child specialist, Government Hospital, Melapalayam, spoke about the awareness on hygiene among rural adolescent girls.

Mr.A.Ganadurai, Integrated Counselling and Testing Centres Counsellor (ICTC), explained how a person is counselled and tested for HIV, of his own free will or as advised by a medical provider.

Mr.Mahaboob Ali, Senior Treatment Supervisor (STS-TB) spoke on the awareness about Tuberculosis(TB), its diagnosis, and how the treatment among public will help in controlling the killer disease.

On this world health day,Students and staff took a pledge to help those in need and ensure that one should do not fall into the trap of physical and mental instability. At the same time, encourage as many as we can to tend to their mental and physical health. This would be our big contribution to a concern which affects all of us.

Dr.T.Ramalakshmi, NSS Programme Officer proposed the vote of Thanks.